

Join Marist footy tipping competition

All Marist families are invited to join our free 2020 AFL tipping competition.

The AFL season kicks off on Thursday March 19 so make sure you register before then.

There are some great prizes up for grabs including accommodation at Marina Mindarie, Neoflam Cookware, a Sherrin Match Football, Marist Club vouchers and, if you're the best tipster in Australia, you can win 2020 Grand Final Tickets.

Visit <http://www.maristfc.com.au/the-club/afl-tipping> for further details and to register.

New Marist merchandise available

Merchandise can now be viewed on the Club website and purchased throughout the season on Sundays from 9am to 11am at the Auskick BBQ.

In addition, merchandise will be available on Friday 24th April at the Club. Further details will be communicated via the April Newsletter and Club website.

New design Wet Weather Jackets, Hoodies & Caps are on their way.



Registrations still open - but closing soon

If you want to register with Marist for the 2020 football season, you'd better be quick as registrations are closing soon.

Marist is still taking registrations for all age groups except

Year 6.

Auskick (PP - Yr2)

Juniors (Yr3 - Yr6)

Youth (Yr7 - Yr12)

Girls (Yr3 - Yr12)

Footy Champs - For children with special needs

CLICK HERE TO REGISTER





Auskick gears up for season

A great turn out on Sunday at the Marist Open Day. We really enjoyed meeting new faces who are looking forward to beginning their footy career and welcoming back familiar faces.

We are looking for parent volunteers to come along to Newman on Saturday 21st March from 8-10am to help assemble the equipment tubs for each team. Your help even for one hour would be valuable.

The team lists are coming together and will be



emailed to parents at the beginning of April. The Coaches and Managers Information Night will be held on Monday 7th April at 7pm at the Newman Sports Centre and further details will be emailed when team lists are released.

Great opportunity for Marist Families



This year, the Club is using COZ APP to create a business directory where Marist families can advertise their small businesses to the Marist Community.

Users who download COZ APP and select "Marist FC" receive special offers from any business linked to the Club.

So far we have 26 businesses including a carpet cleaner, water filtration, cafes, trades, home loans, orthodontist, travel agent, driving school etc.

If you would like to download COZ APP head to the APPLE or PLAY Store. If you would like to advertise your business to Marist families please email joe@cozmarketing.com.au <http://www.maristfc.com.au/sponsor-offers>



Marist Open Day - a huge success

Our Club Open Day was a huge success allowing everyone to get back to the club and reconnect with team mates and coaches.

New and returning players were able to purchase merchandise, have a custom mouthguard fitted, check on any registration questions and at the same support our Year 7 trip by buying a snag.

Everyone enjoyed a kick in the sun along with many other activities like face painting and the inflatable commando course.



Jumper Presentation Night (Youth) 24th April

Start of the season
Friday 24th April - Girls
Sunday 26th April - Boys

Auskick Gala Night
Friday 8th May



Coaching workshop on tackling parents

Wesley Moran, the West Australian Football Commission's Coach Co-ordinator (Metro North), has headed up a workshop for Marist coaches on the best methods for coaches and parents to interact with their kids during and after games.

It was really enlightening to understand that yelling instructions from the sidelines is detrimental to a child's performance on the field – something we all need to be very mindful of!

The workshop also included:

- upfront communication to both kids and parents on how training and game day will be managed;
- the coaches expectations of the kids and parents and having them sign an agreement;
- And getting the kids at the start of the season to come up with values and expectations of each other in line with the Marist Philosophy.



Front Row: Dane Edwards, Matt Angus, Digby Short
Back Row: Callum Hinton, Scott Patterson, Wes Moran

New Marist Sponsors in 2020



Busy Marist parent, coach and committee member Quentin Green has signed on to become a Gold Level sponsor of the Club through his construction company Green-Shore Builders.

The company has built a reputation as specialists in home renovations through the western suburbs.

If you would like to speak to Quentin about a renovation, he can be contacted via email quentin@greenshorebuilders.com.au



GPA Residential Managing Director, Marist Old Boy, Team Assistant Coach, Runner and (most importantly) parent, Jeremy Malaxos said he was looking forward to the 2020 season and watching his boys Marcus (Year 8) and Michael (Year 5) continue to develop their football skills in the Blue and Black.

Jeremy has a Wembley Agency specialising in vacant blocks and land divisions. If you are interested in contacting Jeremy about any property matters, please visit <https://www.gpareidential.com.au/>

Top kicking coach to teach Marist Girls

The Club is delighted to have secured the services of Darren Kowal, one of the best kicking coaches in Australia, who will help our girls teams improve their skills in the lead up to the season.

Darren's Kicking for Girls begins Monday 16th March at 3.30pm - 4.45pm at Newman - Lower or Upper Oval depending on what is available due to NAS.

Darren will be holding kicking sessions for girls every Monday from 16th March to 13th April, giving girls a great opportunity to improve the most important skills in the game.

The Marist FC is sponsoring Darren so his services are free for Marist Girls signed up for the season.





Club forms partnership with physiotherapist Jeremy Ingram

The Marist Football Club is excited to have formed a partnership with Subiaco physiotherapist Jeremy Ingram.

Jeremy is an experienced post-graduate Physiotherapist & Exercise Physiologist specialising in the prevention and management of sports injuries.

He has extensive experience in designing exercise programs to optimise athletic performance and reduce injury risk for elite and amateur footy players.

Jeremy has previously worked as head Strength & Conditioning coach for Claremont Football Club and as part of the medical department at West Coast Eagles.

He now runs the Subiaco based physiotherapy clinic and rehabilitation gym, Western Integrated Health, and is excited to be in a position to offer high quality care to Marist Football Club players for the 2020 season.

Marist families receive special pricing when using Jeremy through COZ APP.



A word from the President



Matt Mazzuchelli
President - Marist FC
president@maristfc.com.au

Registrations

We are still taking registrations in almost every age group, both boys and girls, so if anyone is dragging their feet or knows someone considering joining Marist, there is still time to sign up for the 2020 season. To register, click on the link [Marist Registration](#)



Key Dates

Before we know it Round 1 will be here and the season will be in full swing. The girls competitions start on Friday the 24th April with the boys starting on Sunday the 26th. Auskick also kicks off on Sunday the 26th.

To coincide with the first girls home games we will have jumper presentations for all Youth players, boys and girls, Year 7 up. It promises to be a great night and it would be brilliant if as many Marist families as possible could get down to the club to support the girls - and have one final chat to coaches before the first game of the season.

Training

Most Youth teams will start training very soon and Juniors won't be far away so please be on the lookout for emails from coaches and managers for days, times and venues.

Committee

We are desperately seeking more committee members for Auskick so feel free to put your hand up and join in to help this great club!

We are also still looking for someone to be our Coordinator of our girls teams, there is great support in this role and we just need someone to take the lead.



Calling all past Marist Players to stay in touch with the Club

Are you a Past Marist Player? If you are please sign up to our Past Players Group on the Club's website.

There are some exciting events taking place this year for our past players, so please register to stay in touch.

Click on the link to register your details
[Marist Past Players](#)

